



## GUILDFORD HOCKEY CLUB

AFFILIATED TO SURREY HOCKEY ASSOCIATION AND ENGLAND HOCKEY  
Clubhouse & Ground: Broadwater School, Summers Road, Godalming, Surrey GU7 3BW  
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### AGM 2022 – Welfare & First Aid Reports – 2021/22

#### Club Welfare Report

After the last couple of years, it is so encouraging to report on a full season of hockey and it's an appropriate reminder of the benefits of exercise, especially a team sport, on mental and physical health for all ages.

The covid safety measures, which are still in place, are regularly reviewed in line with government guidance to ensure that they are appropriate and compliant with the national and local advice. It is appreciated that players, coaches and parents have been regularly testing before coming to the club and isolating when required.

With a full program of training and matches across the club it is pleasing to report that there have been only two incidents that required formal investigating, both of which were handled internally and required no further escalation to England Hockey or an external authority.

The low number of incidents is a reflection on the efforts that the club have in place to create a safe and enjoyable environment for us all to play and enjoy hockey. The weekly junior "off pitch" coach sessions for each age group have played a significant part in this focus on good safeguarding and welfare practices.

Another member of the club has joined the welfare team to assist with the DBS checks and their role is valued and appreciated. Ideally, we would like to have a male welfare officer as part of the team and would encourage you to consider volunteering.

*Suzanne Wood – GHC Club Welfare Officer*  
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## **First Aid Report 2021/22**

Four First Aid courses were run during the season, with grateful thanks to Adrian and Angie Jenkinson for being such good teachers. In total 25 new First Aid certificates were awarded to GHC members, and 2 others were accepted from external courses. The total number of qualified First Aiders is now approx. 61.

A revised First Aid Report Form was introduced, with colour coded sections to make it easier for first aiders to fill in the necessary sections. These are generally being submitted appropriately, but as First Aid officer I am aware there are still several accidents happening and not being reported – so next season will see access to spare First Aid supplies being restricted – no form = no replacement kit. It is not reasonable that some teams have not reported any accidents all season!!

A number of courses will be arranged starting in September 2022 so that existing First Aiders whose certificates are expiring this year can be renewed as well as new people trained. Anyone wishing to complete a First Aid course can contact Maggs Kyte by email.

Analysis of accidents requiring treatment show that the majority of accidents were minor needing an ice pack or sterile wipes and a plaster or bandage.

- Of the 77 reports submitted approximately one third were from the senior teams and the rest from junior training, matches, school groups and camps.
- Overall 28 reports mentioned a head or facial injury of some type – hits from a ball or stick, or collisions with other players, fencing or goal posts.
- We did have 10 more serious accidents which required hospital treatment or assessment and so were notified to England Hockey, 2 of these were breaks.

*Maggs Kyte – GHC First Aid Officer*  
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