

1-2-1 Hockey Coaching

#BeYourBest

MODULE 5 ATTACKING PRINCIPLES



Goalscoring

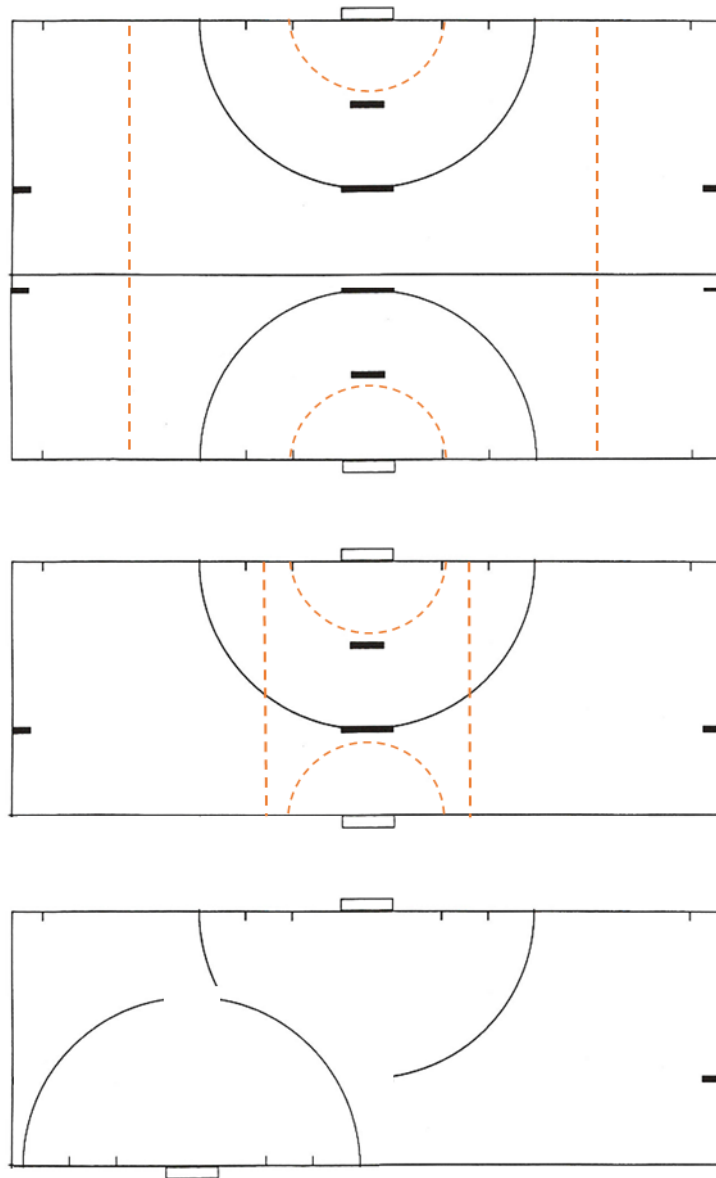
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Gameplay

Games that generate a lot of shooting opportunities

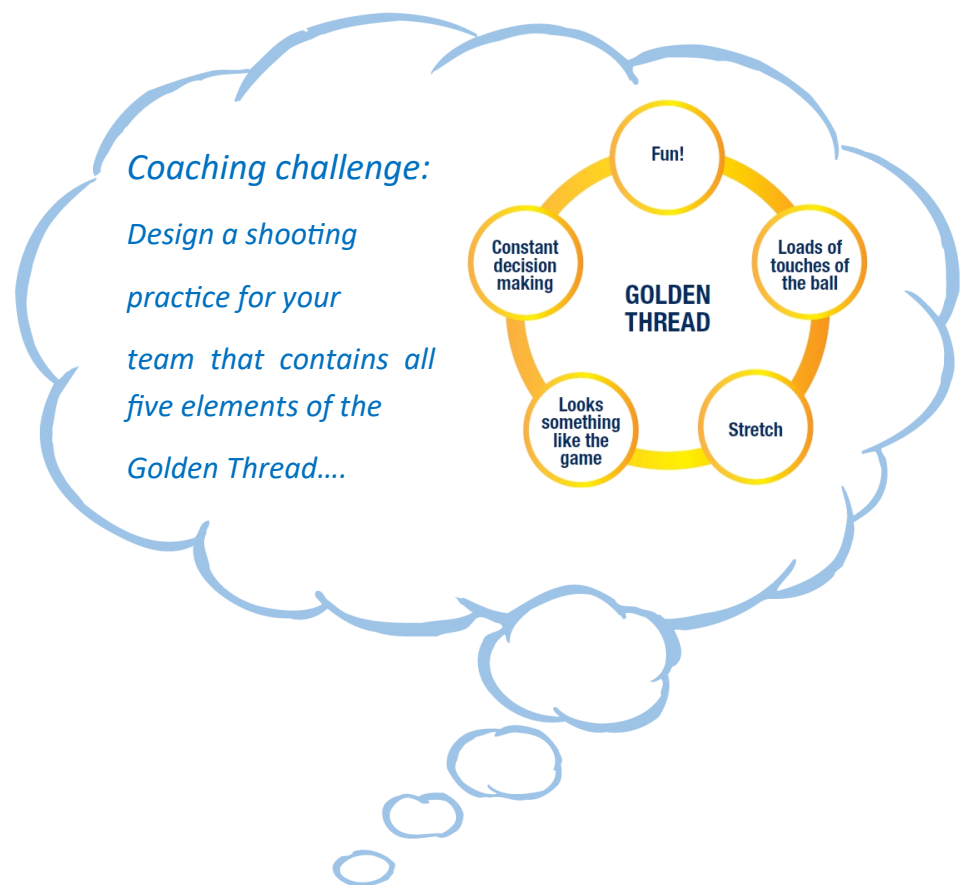
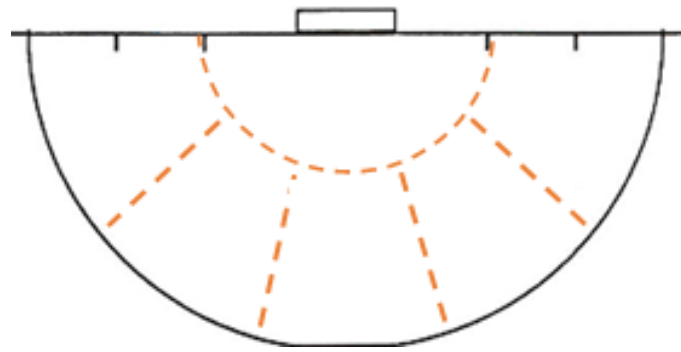


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Where are goals scored from and where do you practise scoring goals from?



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Take the best option to go forward and score

Forward First Fast

What does it look like?

Why does it work?

How do I coach it?

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Reflections

What Have I learnt...?

How can I use this...?

1-2-1 Hockey coaching from Olympic stars

Coach education for clubs and schools

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Find out more and keep up to date...



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